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**Dear caregiver,**

In anticipation of your visits in your role of caregiver, please: read, memorize and keep as a reminder these instructions.

**Visits to the residence / Best practices**

**Before entering the residence, you must:**

* Be aware that by entering you become a major risk vector for our community, hosting a clientele whose average age corresponds to the group most vulnerable to this virus.
* You agree to limit your non-essential contact and travel as much as possible, as ordered by the government, as well as to apply good hygiene practices in your daily life.
* Monitor your symptoms daily. At the slightest appearance of a symptom or risky contact, call us and do not show up on site before obtaining our authorization.
* Bring clean clothes and your protective equipment to change when you arrive and a bag to put your clothes worn in the community.
* Avoid bringing non-essential items from home.
* Limit your visits to the essentials, as requested by the government.

**When you arrive, you must:**

* Wear your mask before entering the residence.
* You must go through the main entrance, via the reception.
* Immediately disinfect your hands.
* Read, complete and sign our mandatory questionnaire at each visit.
* Read and obey the posted signs.
* Give your questionnaire to the receptionist, who will validate it, take your temperature and authorize your access.
* You go directly to the apartment, keeping your distance from anyone.
* Sanitize your hands before you touch the button to call the elevator, and again, when exiting the elevator.

**During your visit, you must:**

* When entering the apartment, first go to the bathroom to change and wash your hands
* Wear the mask on both sides (caregiver and resident) and throughout the visit. You must therefore make sure that your loved one also wears his mask in your presence.
* You are prohibited from eating in the apartment, as you cannot remove your mask and cannot share any object that comes into contact with your saliva.
* Maintain distance at all times, except in a nursing situation. Our team is available to refresh your training on preventive practices to adopt in a care situation.
* Avoid hugs, opt for: a mimed or flown kiss, an elbow greeting, a mimic hug, or use your words to emphasize how much you love and appreciate your loved one (this will surely be even more appreciated and cherished in their memories).
* Be aware that you may be carrying the virus without knowing it. Be extremely vigilant to protect your loved one, and our environment as a whole.
* Regularly clean and disinfect surfaces and objects that are frequently touched.
* It is forbidden for caregivers to move around the residence or enter a common area. If you have a question or need, contact reception via the intercom in the apartment

**When leaving, you must:**

* Reverse the circuit by heading towards the main door.
* Sanitize your hands before you touch the button to call the elevator, and again, when exiting the elevator.
* Notify the receptionist of your departure so that the time is noted.
* Keep wearing your mask to a minimum until you are outside the residence, away from all people and able to safely remove it and disinfect your hands.

-The Management ☀